Tom Benich Invite - 4/4/2014 to 4/5/2014

University of Northern Colorado

Results

Women 100 Meter Dash

Lane	Name	Team	Finals
Finals			
1	Thomas, Kereston	UWY	11.90
2	Holston, Lorenda	COST	11.97
3	Tuder, Stefanie	COST	12.42
4	Horan, Kendall	COST	12.47
5	Holland, Mia	UCO	12.57
6	Smith, Marissa	COST	12.65
7	Striepe, Kate	UWY	12.74
8	DuBois, Jolie	UWY	12.75
9	Moralez, Rachael	NCO	12.94
10	Haneline, Anna	SOSD	13.65
11	Holbrook, Kelsey	SOSD	14.69

Women 200 Meter Dash

Lane	Name	Team	Finals
Finals			
1	Gehring, Eileen	UCO	24.81
2	Tuder, Stefanie	COST	25.42
3	Lewis, Brittany	UCO	25.45
4	Pardner, Brianna	NCO	25.71
5	Romo, Emily	COST	25.78
6	Mattson, Lindsy	UCO	25.96
7	Ashby, Apeasha	NCO	26.00
7	Holland, Mia	UCO	26.00
9	Porter, Tiana	NCO	26.02
10	Smith, Marissa	COST	26.11
11	Striepe, Kate	UWY	26.23
12	Horan, Kendall	COST	26.24
13	Brogan, McKenzie	UWY	26.29
14	DuBois, Jolie	UWY	26.35
15	Wicksell, Stephanie	UWY	26.36
16	Zachary, Moriah	NCO	26.42
17	Yurek, Logan	UWY	26.54
18	Green, Jessica	COST	27.13
19	Torres, Abrianna	UCO	27.18
20	Franco, Monica	COST	27.56
21	Slack, Mariah	UCO	28.34
22	Kenner, Kaelyn	SOSD	29.15
23	Stickney, Emily	SOSD	30.05
24	Holbrook, Kelsey	SOSD	32.81

Women 400 Meter Dash

Lane	Name	Team	Finals
Finals			
1	Simpson, Abby	COST	56.30
2	Haskell, Alexandra	UCO	56.64
3	Lark, Amanda	COST	57.24
4	Wollert, Candace	UWY	57.31
5	Strempke, Samantha	NCO	57.88
6	Zachary, Moriah	NCO	58.99
7	Ashby, Apeasha	NCO	59.09
8	Pardner, Brianna	NCO	59.42
9	Alexander, Danielle	UWY	59.55
10	Yurek, Logan	UWY	1:00.95
11	Atkin, Ashley	NCO	1:01.66
12	Kenner, Kaelyn	SOSD	1:04.60

Women 800 Meter Run

	Name	Team	Finals
Finals			
1	Meade, Cassidy	UWY	2:17.22
2	Gonzales, Rikki	NCO	2:18.89
3	May, Lucy	UNAT	2:23.39
4	Rintala, Olivia	UCO	2:23.63
5	Browning, Carly	NCO	2:24.38
6	Bates, Heather	UCO	2:29.86
7	Vinton, Maggie	SOSD	2:39.03
8	Kirby, Lindsay Jo	SOSD	2:58.14

Women 1500 Meter Run

	Name	Team	Finals
Finals			
1	Gonzales, Rikki	NCO	4:40.64
2	May, Lucy	UNAT	4:46.33
3	Bates, Heather	UCO	4:53.79
4	Atkin, Ashley	NCO	4:58.11
5	Braun, Caroline	NCO	5:02.46
6	Cloetta, Catherine	UWY	5:09.30
7	Clark, Stephanie	NCO	5:18.07
8	Wood, Brittanee	SOSD	5:35.68

Women 5000 Meter Run

	Name	Team	Finals
Finals			
1	Grey, McKayla	NCO	18:03.84
2	Knutson, Kassidy	SOSD	21:34.11
3	LaCroix, Shanae	SOSD	22:28.56

Women 100 Meter Hurdles

Lane	Name	Team	Finals
Finals			
1	Mann, Jenna	UWY	13.54
2	Ashby, Amoni	NCO	13.89
3	Solomon, Amber	NCO	14.24
4	Hall, Katy	UWY	14.27
5	Skates, Mikalah	UWY	14.30
6	Lewis, Brittany	UCO	14.33
7	Pajak, Gabby	COST	14.44
8	Green, Jessica	COST	14.99
9	Elcock, Deandra	NCO	15.47
10	Torres, Abrianna	UCO	15.52
11	Slack, Mariah	UCO	16.61
12	Temple, Lillian	SOSD	18.02

Women 400 Meter Hurdles

Lane	Name	Team	Finals
Finals			
1	Lucas, Josanne	UNA2	58.31
2	Curtis, Ari	UNA2	59.41
3	Gardner, Taylor	UWY	59.62
4	Meinders, Susan	NCO	1:02.21
5	Witt, Mariah	COST	1:02.80
6	Solomon, Amber	NCO	1:03.55
7	Ashby, Amoni	NCO	1:03.56
8	Pearson, Emily	UNT	1:04.33
9	Pajak, Gabby	COST	1:04.80
10	Hanrahan, Brittany	UCO	1:07.27

Women 4x100 Meter Relay

	Team	Relay	Finals
Finals			
1	Colorado St.	A	46.83
	Simpson, Abby	Holston, Lorenda	
	Romo, Emily	Horan, Kendall	
2	Northern Colorado	A	47.43
	Allen, Alisha	Ashby, Amoni	
	Solomon, Amber	Comstock, Mackenzie	

Women 4x400 Meter Relay

	Team	Relay	Finals
Finals			
1	Colorado	A	3:44.88
	Mattson, Lindsy	Haskell, Alexandra	
	Lewis, Brittany	Gehring, Eileen	
2	Colorado St.	A	3:48.00
	Romo, Emily	Lark, Amanda	
	Witt, Mariah	Simpson, Abby	
3	Wyoming	A	3:48.60
	Alexander, Danielle	Brogan, McKenzie	
	Meade, Cassidy	Wollert, Candace	
4	Northern Colorado	A	3:51.09
	Allen, Alisha	Strempke, Samantha	
	Atkin, Ashley	Meinders, Susan	
5	Northern Colorado	B	3:58.95
	Ashby, Amoni	Solomon, Amber	
	Elcock, Deandra	Ashby, Apeasha	
6	Northern Colorado	C	4:09.04
	Bradford, Lindsay	Pardner, Brianna	
	Migliozzi, Natalie	Zachary, Moriah	
---	Colorado St.	B	DNF
	Horan, Kendall	Tuder, Stefanie	
	Clough, Sarah	Smith, Marissa	

Women High Jump

	Name	Team	Finals
Finals			
1	Forrester, Alison	COST	1.73m
2	Reid, Ashley	COST	1.70m
3	Brown, Isobel	COST	1.67m
4	Franco, Monica	COST	1.64m
5	Medina, Amy	COST	1.61m
6	Green, Jessica	COST	J1.61m
7	Migliozzi, Natalie	NCO	J1.61m
8	Macedo, Jessi	COST	1.58m
9	Temple, Lillian	SOSD	J1.58m
9	Sandberg, Sabina	UWY	J1.58m
---	Tisdale, Jessica	SOSD	NH
---	Christman, Hannah	NCO	NH

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Results

Women Pole Vault

	Name	Team	Finals
Finals			
1	Popish, Julia	UWY	3.30m
2	Hoben, Zoie	NCO	J3.30m
3	Hartigan, Morgan	UWY	J3.30m
4	Ryken, Stephanie	NCO	J3.30m
5	Bradford, Lindsay	NCO	3.00m
6	Barnes, Taylor	NCO	2.60m
---	Griffin, Morgan	COST	NH
---	Mattson, Karli	SOSD	NH

Women Long Jump

	Name	Team	Finals
Finals			
1	Mann, Jenna	UWY	5.95m
2	Jackson, Whitney	NCO	5.89m
3	Comstock, Mackenzie	NCO	5.61m
4	Porter, Tiana	NCO	5.47m
5	Koritnik, Karen	UWY	5.40m
6	Temple, Lillian	SOSD	4.98m
---	Sandberg, Sabina	UWY	FOUL

Women Triple Jump

	Name	Team	Finals
Finals			
1	Allen, Alisha	NCO	11.49m
2	Wilcoxson, Shana	UWY	11.35m
3	Briscoe, Tabitha	UWY	10.93m
4	Welch, Megan	UWY	10.86m
5	Comstock, Mackenzie	NCO	10.83m
6	Jackson, Whitney	NCO	10.68m
7	Porter, Tiana	NCO	10.55m

Women Javelin Throw

	Name	Team	Finals
Finals			
1	Macedo, Jessi	COST	42.38m
2	Bank, Kajsa	UCO	39.10m
3	Yasser, Tanya	UNT	37.43m
4	Archuleta, Teryn	UNT	33.12m
5	Mann, Jenna	UWY	31.23m
6	Migliozzi, Natalie	NCO	30.42m
7	Kline, Makenzie	UCO	30.16m
8	Sandberg, Sabina	UWY	29.58m
9	Allen, Alisha	NCO	19.84m
10	Elcock, Deandra	NCO	14.85m

Men 100 Meter Dash

Lane	Name	Team	Finals
Finals			
1	Johnson, Troy	COST	10.70
2	Gifford, Shaw	UCO	10.71
3	Harris, Marcus	COST	10.88
4	DeLoach, Josh	COST	10.89
5	Mitsch, Austin	UCO	10.91
6	Evans, Zane	UNT	10.93
7	Mead, Alex	NCO	10.99
8	Berens, Blake	UCO	11.18
9	Einspahr, Harrison	UWY	11.19
10	Thompson, Kevin	SOSD	11.36
11	Alberts, Nick	SOSD	11.41
12	DeWitt, Jason	UCO	11.95
13	Crenshaw, Tim	SOSD	11.96
14	Sager, Ethan	SOSD	11.99

Men 200 Meter Dash

Lane	Name	Team	Finals
Finals			
1	Gifford, Shaw	UCO	21.79
2	Mitsch, Austin	UCO	22.25
3	Mead, Alex	NCO	22.30
4	Evans, Zane	UNT	22.41
5	Berens, Blake	UCO	22.65
6	Richmond, Jeff	COST	22.69
7	Alberts, Nick	SOSD	22.99
8	Roascio, Jason	UWY	23.00
9	Shaal, Garrett	SOSD	23.34
10	Jones, Mark	UNAT	23.90
11	Sager, Ethan	SOSD	24.21
12	Crenshaw, Tim	SOSD	24.63

Men 400 Meter Dash

Lane	Name	Team	Finals
Finals			
1	Medina, Jordan	NCO	48.01
2	Browning, Zach	COST	48.69
3	Skudneski, Travlor	COST	48.88
4	Loken, Lance	UWY	48.93
5	Stine, Brennan	NCO	49.55
6	Baker, Tyler	UCO	50.27
7	Shaal, Garrett	SOSD	50.32
8	Heaps, Taylor	SOSD	51.97
9	Earley, Sean	SOSD	53.68
10	Beacom, Jonah	SOSD	55.81
11	Baisley, John	UNT	57.16

Men 800 Meter Run

	Name	Team	Finals
Finals			
1	Fisher, Harry	UWY	1:51.73
2	Sablan, Jimmy	NCO	1:55.85
3	Snow, Bryce	UWY	1:56.01
4	Dubbs, Shawn	UNT	1:58.93
5	Emmert, David	UCO	2:00.21
6	Lappe, Keegan	NCO	2:00.49
7	Cameron, Grant	SOSD	2:01.38

Men 1500 Meter Run

	Name	Team	Finals
Finals			
1	Holvey, Joe	UNAT	4:03.72
2	Morin, Dylan	UWY	4:05.20
3	Kilgore, David	UCO	4:06.61
4	Derner, Aaron	UWY	4:06.78
5	Seas, Michael	UWY	4:06.79
6	Jolovich, Cole	SOSD	4:24.07
7	Wagner, Kingston	NCO	4:24.23
8	Slattery, Justin	SOSD	4:25.54

Men 5000 Meter Run

	Name	Team	Finals
Finals			
1	Noto, Kevin	SOSD	16:21.04
2	Corrie, Timothy	NCO	16:28.50
3	Wright, Ryan	SOSD	16:35.45
4	McCarthy, John	NCO	16:40.04
5	Biberg, Charles	SOSD	17:50.34

Men 110 Meter Hurdles

Lane	Name	Team	Finals
Finals			
1	Brown, Trevor	COST	13.62
2	Little, Sam	COST	14.16
3	Charles, Jordan	UWY	14.18
4	Praska, Aaron	UWY	14.78
5	Edwards, Jacob	UWY	14.86
6	Sullivan, Kyle	UWY	14.89
7	Horak, Jace	COST	14.95
8	Jones, Mark	UNAT	15.29
8	Lane, Garrett	SOSD	15.29
10	Green, Justin	COST	15.40
11	DeWitt, Jason	UCO	15.46
12	Seeton, Caleb	UWY	15.47
13	Huber, Zach	SOSD	16.54
14	Cannon, Marcus	SOSD	16.86
15	Antoine, Brandon	SOSD	17.27
16	Joens, Dillon	UWY	17.82
17	Grandbouche, Colton	COST	18.40

Men 400 Meter Hurdles

Lane	Name	Team	Finals
Finals			
1	Brown, Trevor	COST	51.85
2	Thomas, Jaron	UCO	52.24
3	Little, Sam	COST	52.66
4	Kemmer, Andy	NCO	53.47
5	Charles, Jordan	UWY	54.00
6	Losty, Garrett	UCO	54.14
7	Praska, Aaron	UWY	54.61
8	Edwards, Jacob	UWY	55.44
9	Rogers, Ryan	UWY	55.49
10	Lynass, Sam	COST	55.50
11	Horak, Jace	COST	55.95
12	Dickinson, Scott	NCO	56.98
13	Albright, Glen	NCO	57.65
14	Huber, Zach	SOSD	59.37
15	Brotherton, Seth	SOSD	1:00.29
16	Cannon, Marcus	SOSD	1:01.22

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Results

Men 4x100 Meter Relay

	Team	Relay	Finals
Finals			
1	Colorado St.	A	40.87
	DeLoach, Josh	Johnson, Troy	
	Harris, Marcus	Taylor, Evan	
2	Northern Colorado	A	41.21
	Grady, Isaiah	Mead, Alex	
	Kemmer, Andy	Sterling, Chris	
3	South Dakota Mines	B	43.83
	Brotherton, Seth	Sager, Ethan	
	Earley, Sean	Crenshaw, Tim	

Men 4x400 Meter Relay

	Team	Relay	Finals
Finals			
1	Northern Colorado	A	3:14.47
	Grady, Isaiah	Kemmer, Andy	
	Sterling, Chris	Medina, Jordan	
2	Colorado	A	3:16.63
	Thomas, Jaron	Gifford, Shaw	
	Losty, Garrett	Baker, Tyler	
3	Wyoming	A	3:18.80
	Atkinson, Thomas	Fisher, Harry	
	Loken, Lance	Roascio, Jason	
4	South Dakota Mines	A	3:33.23
	Nolan, Lucas	Earley, Sean	
	Heaps, Taylor	Brotherton, Seth	
---	Northern Colorado	B	DNF
	Dickinson, Scott	Lappe, Keegan	
	Sablan, Jimmy	Stine, Brennan	

Men High Jump

	Name	Team	Finals
Finals			
1	Scheer, Collin	COST	1.98m
2	Evanson, Trevor	NCO	J1.98m
3	Nolan, Lucas	SOSD	J1.98m
4	Haynes, Gunnar	COST	1.93m
5	Grandbouche, Colton	COST	1.88m
6	Dupree, Jayson	NCO	1.83m
7	Sullivan, Kyle	UWY	J1.83m
8	Seeton, Caleb	UWY	1.78m
9	Antoine, Brandon	SOSD	1.73m

Men Pole Vault

	Name	Team	Finals
Finals			
1	Hosman, Riley	SOSD	3.85m
---	Hill, Sam	SOSD	NH

Men Long Jump

	Name	Team	Finals
Finals			
1	Edmunds, Jonathan	COST	7.22m
2	Rupe, Alec	NCO	7.21m
3	Sandin, Josh	COST	6.92m
4	Carter, Scott	UWY	6.87m
5	Wingeleth, Bobby	UWY	6.84m
6	Carey, Connor	SOSD	5.61m

Men Triple Jump

	Name	Team	Finals
Finals			
1	Carter, Scott	UWY	15.06m
2	Richardson, Trey	COST	14.78m
3	Gilliland, Graham	COST	14.73m
4	Lanza, Eric	UNA2	13.44m
5	Dupree, Jayson	NCO	13.31m
6	Wingeleth, Bobby	UWY	13.18m

Men Javelin Throw

	Name	Team	Finals
Finals			
1	Grandbouche, Colton	COST	52.89m
2	Hanna, Max	SOSD	48.42m
3	Sullivan, Kyle	UWY	42.09m
4	Green, Justin	COST	42.01m
5	Joens, Dillon	UWY	37.32m