Almost equidistant between England, Scotland, Wales, and Ireland lies the Isle of Man, a small Island with a rich history in myths and folklore. Here is where British light music composer, Haydn Wood (1882-1959), made his home and turned the folk music and stories from this land into numerous musical works. A prolific composer, Wood has been overshadowed by nationalistic composers such as Gustav Holst (1874-1934), folk music integrators such as Percy Grainger (1882-1961), and light music composers such as Leroy Anderson (1908-1975). By examining one of Wood’s most performed works, *Mannin Veen: A Manx Tone Poem*, and comparing it to that of other notable composers, we can begin to understand how an overlooked man from an overlooked land produced meaningful works for a new generation.