Important rules unique to SDSM&T Intramurals are listed below. Team captains are responsible for sharing this information with their team members prior to the team's first competition. This also includes any rule changes made during the season. All rules are subject to change at any time.

**TEAM SIZE**
a) A coed volleyball team consists of six players on the court. At least two of these players must be female.
b) A team will be allowed to start or complete a match with as few as five players, at least two of which must be female. (This provision is intended for situations in which a team must play short one player due to late arrival, injury, disqualification, etc. The intent is NOT to allow teams to routinely play as five-person teams.)
c) When only five players are being used, three of those five players will be considered to be front row players in each rotation.

d) For safety purposes, Encroachment into the opponent's court with a player's hair is allowed.
e) A coin toss (or similar procedure) will be used prior to the first and third sets. Each set must be won by two points. However, there is a 25-point cap for the first two sets and a 20-point cap for the third set.
f) Teams will change sides of the court between the first and second sets. Teams will also change sides during the third set when one team reaches eight points.
g) The server has eight seconds to serve and is only allowed to contact the ball at least once.
h) Blocking or attacking the serve is not allowed.
i) The libero position will not be utilized.

**MATCH PARAMETERS**
a) A match will consist of the best two out of three sets. The first two sets are to 21 points and the third set is to 15 points.
b) Rally scoring is used for all sets.
c) Each set must be won by two points. However, there is a 25-point cap for the first two sets and a 20-point cap for the third set.
d) Teams will change sides of the court between the first and second sets. The team that loses the coin toss makes the choice to (1) begin play as either the serving or receiving team or (2) begin play on a specific side of the court. The team that wins the coin toss prior to the first set will receive to start the second set.
e) A coin toss or similar procedure will be used prior to the first and third sets. The team that wins the coin toss prior to the first set will be allowed to begin play as either the serving or receiving team. The team that serves to start the first set will receive to start the second set. The team that wins the coin toss prior to the third set has the choice to (1) begin play as either the serving or receiving team or (2) begin play on a specific side of the court. The team that loses the coin toss makes the remaining choice.
f) Each team is allowed one 30-second time-out per set.

d) A player cannot contact the ball while the ball is completely on the other side of the court. A coed volleyball team consists of six players on the court. At least two of these players must be female.

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**EQUIPMENT**
a) Players must wear closed-toe shoes with non-marking soles.

**RULES OF PLAY**
a) Standard college volleyball rules will apply unless otherwise noted.
b) Contact with the net is not allowed by any player involved in a play on the ball. Contact with the net that interferes with the opposing team’s ability to play the ball is also not allowed. Contact with the net by a player’s hair is not considered a violation.
c) Encroachment into the opponent’s court with the foot, feet, or hand(s) while the ball is in play is allowed as long as (1) some part of the encroaching extremity remains in contact with or directly above the center line and (2) there is no interference with opponents. Encroachment into the opponent’s court with a player’s hair is allowed.
d) For safety purposes, (1) completely crossing the center line with the foot, feet, or hand(s) or (2) encroachment into the opponent’s court with other body parts while the ball is in play is not allowed.
e) A player cannot contact the ball while the ball is completely on the opponent’s side of the net unless that player is legally blocking.
f) Blocking or attacking the serve is not allowed.
g) The pursuit rule and all of its related aspects are not in effect.
h) The server has eight seconds to serve and is only allowed one toss per service attempt.
i) The libero position will not be utilized.

**CONTACT RULES**
a) When the ball is contacted twice on a side, at least one of those contacts must be made by a female.
b) If the ball is contacted three times on a side, both genders must contact the ball at least once but the order does not matter.
c) Kicking the ball is not allowed and results in a dead ball and point for the opposite team.

**SUBSTITUTIONS**
a) In a given set a player can only play in one position in the rotational order.
b) Substitutions are unlimited in number as long as there are no violations of the rotational order.

**POSITIONS**
a) Players will take their positions in the rotational order at the beginning of each set and will remain in those positions. The rotational order may change for each set.
b) Male and female players must alternate in the rotational order as much as possible. E.g., if there are only two females they must be opposite each other in the rotational order. In no case can there be three consecutive male players in the rotational order.