Welcome to the SD Mines Wellness Center

Please follow these basic rules as you enjoy your workout:

1) SIGN IN and SHOW ID to Wellness Center Staff on your way in (In the Wellness Center Room). This knowledge will help us track usage of the facility!
   a. All users must sign a waiver at the front desk their first time using the facility.

2) Dress appropriately with proper workout attire.
   a. Full coverage shirts and gym shoes are required.
   b. No Boots
   c. No Jeans

3) Be mindful of the space around you to provide safety and comfort for yourself and others.

4) No gum or food allowed in the facility. Water permitted.

5) Animals and tobacco products of any kind are prohibited from the facility.

6) Be aware of your surroundings and allow others to “work-in” with your workout.

7) Participation is at your own risk. SD Mines is not responsible for accidents or injuries that occur due to the nature of the activity.

Thank you for your cooperation!